

St. Paul's Convent School
Form One PSHE Program 24-25
(7th and 8th periods on every Day 2 & Day 7)

	Cycle/Day	1S	1T	1P	1A	1U	1L
1.	3-9-24 (Day 2)	Talk 1: JC Volunteer Together 1					
	10-9-24 (Day 7)	Normal Lesson					
2.	17-9-24 (Day 2)	Health session 1: 情感篇			Normal Lesson	Workshop: Adjustment	
	24-9-24 (Day 7)	Normal Lesson		Workshop: Adjustment		Normal Lesson	
3.	8-10-24 (Day 7)	Workshop: Adjustment		Normal Lesson	Health session 1: 情感篇		
4.	15-10-24 (Day 7)	Talk 2: Healthy Eating by HEDA					
	22-10-24 (Day 7)	Normal Lesson					
5.	29-10-24 (Day 2)	Talk 3: 健康生活講座(東華三院)					
	5-11-24 (Day 7)	Normal Lesson					
6.	12-11-24 (Day 2)	Talk 4: JC Volunteer Together 2 (1:30-3:30)					
	19-11-24 (Day 7)	Normal Lesson					
7.	26-11-24 (Day 2)	Health session: 2 溝通篇			L2L1		
	3-12-24 (Day 7)	Normal Lesson					
8.	10-12-24 (Day 2)	L2L1			Health session: 2 溝通篇		
	17-12-24 (Day 7)	Normal Lesson					
9.	7-1-25 (Day 2)	Health session 3: 人際篇			Normal Lesson		
	14-1-25 (Day 7)	Normal Lesson			Health session 3: 人際篇		
10.	21-1-25 (Day 2)	Normal Lesson					
11.	11-2-25 (Day 7)	Workshop 1: Wellbeing workshop					
12.	18-2-25 (Day 2)	Talk 5: 男女大不同 (CMAC)					
	25-2-25 (Day 7)	Health session 4: 壓力篇			Normal Lesson		
13.	4-3-25 (Day 2)	L2L 2					
	11-3-25 (Day 7)	Normal Lesson					
14.	18-3-25 (Day 2)	Normal Lesson			Health session 4: 壓力篇		
	25-3-25 (Day 7)	Health session 5: 群策篇			Normal Lesson		
15.	1-4-25 (Day 2)	Normal Lesson			Health session 5: 群策篇		
	8-4-25 (Day 7)	Normal Lesson					
17.	29-4-25 (Day 2)	L2L 3					
	6-5-25 (Day 7)	Normal Lesson					
18.	13-5-25 (Day 2)	Health session 6: 抗誘篇			L2L 4		
	20-5-25 (Day 7)	Normal Lesson					
19.	27-5-25 (Day 2)	L2L 4			Health session 6: 抗誘篇		

Teachers in charge: 1S (V. Tang), 1T (K. Yu), 1P (S. Ho), 1A (M. DaLuz), 1U (K. Chan), 1L (C. To)